

Crystal – An Emotional/Spiritual Aura Color

(Crystals have a clear aura – there is no color in their aura)

- Delicate, extremely sensitive, reserved, serene, quiet, spiritual, enjoy spending time alone
- Get along with everyone; they can take on the aura color of whomever they are with
- When centered, they are natural, receptive conduits for pure, healing energy
- When uncentered, they can easily feel befuddled, disoriented, and psychically overwhelmed by other people's energy. They then feel the need to withdraw from life to replenish themselves
- Uncentered, they tend to lack self-confidence and look for reassurance/approval from others
- Enjoy gardening, being in nature, reading and/or other solitary activities
- Like their immediate environment to be pretty, quiet, clean, orderly, and simple
- Very quick thinkers and learners; extremely intuitive
- Prefer to stay in the background (out of the limelight); not driven or ambitious
- Love pondering the meaning of life
- Usually have a personal relationship with a Higher Power
- In relationships can appear cold, aloof and frigid because they need so much time alone; they are very private
- Conversely, they can have a calming, healing effect on their partner when centered
- Like partners who are decisive and protective yet patient, allowing and unintimidating
- Can remain single for a long time because of potential trauma of a strong emotional connection
- As parents, Crystals have a low threshold for confusion, noise, disorder and are easily overwhelmed
- Cautious, conscientious and responsible with money because it provides security
- Crystal is a fairly rare aura color
- **Famous Examples:** None that I am positive of but [Saint Thérèse de Lisieux](#), the little flower of Jesus, was probably a Crystal.

The **Life Purpose** of someone with the primary color of Crystal is to do what they do naturally – stay calm and peaceful while also being an open, receptive channel for healing energy to pass through them and treat others.

The **Basic Fear** of someone with the primary color of Crystal is the fear of being overwhelmed by being around too many people and having no time alone to replenish their energy.

Crystals do their best work in a clean, low-key, and quiet environment, such as a library, doctor's office or a church. They do well with structured, detailed, even repetitious jobs because they are so patient and like a regular routine. They like working alone, one-on-one, or in a very small group environment because groups of people frazzle their nerves and leave them feeling confused and disoriented from trying to meet too many people's needs at the same time. Crystals are not ambitious people in a worldly sense and prefer the stability and security of working for someone else. Crystals are often drawn to work in the arts because of their innate creativity and love of beauty. They are also drawn to healing work because of their innate ability to intensify the energy flowing through their body/hands and use it to heal others. Just as Crystals can intensify this energy flowing through them they also have the innate ability to quiet it and go within. That is why they make great meditation and prayer teachers as well as spiritual advisors. Crystals need to feel their work is of service to others and it almost always is just because of the excellent example they set for others by being themselves. They are honest, kind, gentle, loving people and that serves others more than they are probably aware. Typical Crystal occupations include the following:

- Acupuncturist
- Alternative healthcare provider
- Angel therapist
- Aromatherapist
- Art therapist
- Artist
- Bach flower remedy practitioner
- Chakra balancer
- Child counselor
- Chiropractor
- Craniosacral therapist
- Dentist/dental assistant/hygienist
- Designer
- Doctor
- Editor
- Energy worker
- Florist
- Gardener
- Healer (other)
- Herbalist
- Holistic health practitioner
- Hospice worker
- Illustrator
- Interior designer/decorator
- Landscape architect
- Librarian
- Massage therapist
- Medical technician
- Meditation teacher/small group facilitator
- Monk/priest/lama/rabbi/imam
- Musician (especially melodic instruments like the harp, violin, piano, cello and flute)
- Nun
- Nurse (especially home health aide)
- Nutritionist
- Office assistant or organizer
- Physical therapist
- Prayer teacher/small group facilitator
- Psychologist
- Receptionist
- Reflexologist
- Reiki practitioner
- Religious worker
- Researcher
- Secretary
- Spiritual counselor/advisor
- Spiritual teacher/mentor
- Topiary designer
- Veterinarian
- Writer

