

4 Heart's Desire (Sum of the vowels in the name = 4)

Please note: The following **WILL BE** modified, to a greater or lesser extent, by other numbers in your chart! Other strong 4 energy elsewhere will reinforce these potentials. Weak 4 energy or conflicting numbers elsewhere will dilute these potentials (for a listing of numbers incompatible with 4, click [here](#)). Please keep this in mind.

Potential Positives

- You are hard-working, thorough and dependable. You can be counted upon to do a great job.
- You are analytical, logical and rational in your thinking.
- You probably like order, regularity and predictability in your daily habits and daily routine (unless the numbers 3 and 5 are strong in your makeup).
- You want to be respected for being responsible, reliable and a good provider.
- You are most likely productive and efficient with your time (again, depending on other numbers).
- You are honest/trustworthy and have a great deal of tenacity, perseverance and determination.
- Enjoying your work is important to you and, hopefully, a source of satisfaction.
- You probably have a realistic, practical and sensible mind (if you have the visionary 8, the light-hearted 3, the daring 1, or the impulsive 5 strong elsewhere in your chart you will have a blending of both numbers, and in proportion to the energy of each number in your chart. Weigh everything.)
- You like to be prepared and organized (unless 3s and 5s are strong elsewhere in your chart).
- You like to think things through thoroughly, systematically, and methodically before making a major purchase or starting a new project (unless 1s, 3s or 5s are strong elsewhere in your chart).
- You will support kith and kin (nearest and dearest) through thick and thin; you are responsible!
- Security and stability are most likely important to you (unless you are one of the few individualistic 4s who rebels against tradition, convention and regularity).

Potential Negatives

- You can be overly serious and too exacting with yourself and others at times (especially if you have 1s, 4s or 8s elsewhere in your chart).
- You could be overly concerned about money or material security (especially if you've got strong 8 energy elsewhere in your chart).
- It is very rare but possible to be on the underbalanced side of 4 and be completely lazy.
- It is common for Heart's Desire 4s to be workaholics. Try to balance your work and personal life!
- You may appear slow at times but in actuality your mind is deliberate and careful (unless the quick thinking, restless 5 or imaginative 3 is also strong in you).
- You can be either guarded and cautious or an extremist, fanatic and revolutionary – if you are one of the few individualistic 4s.

- You may be rigid, stubborn, narrow-minded and overly set in your ways (especially if any other 4s, 7s or 8s exist) making it difficult for you to adapt to change or for others to get close to you (or help you when you are stuck in a rut).
- You have a hard time accepting people who are pretentious, hypocritical and insincere because that is the last thing you will ever be! Realize that not everyone thinks like you.
- You may be overly controlled and inexpressive of your feelings at times. You could be more open and communicative if you want to create true intimacy and closeness in a relationship.
- Be careful not to carry discipline too far. It may cause your children and spouse to feel oppressed and controlled, especially if you have strong 1, 4 or 8 energy already in your chart.
- Work on being more flexible, adaptable, open-minded. These are the keys to balance for you.

Some famous people with a 4 Heart's Desire (from the birth name in parentheses)

Ellen DeGeneres (Ellen Lee DeGeneres), comedienne, actress and television hostess. You'll notice that Ellen has a whopping 10 letters in her given birth name that vibrate to the number 5 (E, e, n, e, e, e, e, n, e, and e)! That is a major Intensity Point that makes Ellen very 5-like (see the section "[Intensity Points and Karmic Lessons](#)"). Not only that, Ellen has a [32/5 Life Path](#) (born 1/26/1958 = 1+2+6+1+9+5+8 = 32 and 3+2 = 5). Check out the meaning of the [number 5](#). Everything has to be considered!

Steven Spielberg (Steven Allan Spielberg), director, screenwriter and film producer

Margaret Mead (Margaret Mead), anthropologist

Johannes Brahms (Johannes Brahms), composer and pianist

Aretha Franklin (Aretha Louise Franklin), singer, songwriter and pianist

Paul Newman (Paul Leonard Newman), actor

Vivien Leigh (Vivian Mary Hartley), English actress

William Wordsworth (William Wordsworth), English romantic poet

Dick Clark (Richard Wagstaff Clark), TV and radio personality, TV game show host, and businessman

Wayne Dyer (Wayne Walter Dyer), author and lecturer

Helen Keller (Helen Adams Keller), author, political activist and lecturer